



# AQUASIS MARINE INSTITUTE

Corp. Off. B-312, Shree Nand Dham, Plot No. 59, Sector 11, CBD Belapur, Navi Mumbai  
Maharashtra, India - 400614

(A Unit of Aquasis Maritime Institute, Approved by D.G. Shipping, MTI No.- 308027))  
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ISO No : 9001 : 2015

## CERTIFICATE

Certificate No. AMI/MTP/04/4313/26

This is to certify that SANOWAR SEKH Date of Birth 28/01/1997 C.D.C. No. MUM395129 ID NO. /  
Passport No. R2201820 Certificate of Competency, (if any) Grade N/A NO. N/A Indian  
National Database of Seafarers (INDoS No) 19HL5485 has successfully completed a training  
course for Certificate of Proficiency in.

### MESSMAN TRAINING PROGRAM

This course is as per requirement under MLC 2006 Regulation 3.2-Food and Catering-training course, food and personal hygiene, food storage, stock control and environmental protection, and catering health and safety. This course is designed to train Messman of merchant's vessels in accordance with the requirement of MLC

#### The Syllabus Covers:

- Introduction to food safety & hygiene Impact of foodborne illness
- Safe working procedure on Galley & Mess Hall
- Food Safety Hazards and contamination
- Food preservation, Storage, and Temperature Control
- Personal Hygiene
- Good House Keeping
- Hazard Analysis and Critical Control Point (HACCP)
- Garbage Management System.

Held From 06/05/2026 To 08/05/2026

Sanowam Sekh

Signature of Candidate

Digitally signed by Arun Kumar Sinha  
Date:08.05.2026 11:04:01 +11:05

Training Co-ordinator



08/05/2026  
Date of Issue

Digitally signed by Capt. Santosh Kumar  
Date:08.05.2026 11:04:01 +11:05

Principal



(This Certificate expires on : 07/05/2031)

To check certificate status visit: [www.aquasismarine.com](http://www.aquasismarine.com)