

AQUASIS MARINE INSTITUTE

Corp. Off. B-312, Shree Nand Dham, Plot No. 59, Sector 11, CBD Belapur, Navi Mumbai
Maharashtra, India - 400614

(A Unit of Aquasis Maritime Institute, Approved by D.G. Shipping, MTI No.- 308027))
Add: Eid Chawk, Sikidri, Ormanjhi, Ranchi, Jharkhand, India - 835219

Email : info@aquasismarine.com

ISO No : 9001 : 2015

CERTIFICATE

Certificate No. AMI/COOK/11/1813/27

This is to certify that ALAMGIR SAIKH Date of Birth 13/01/2000 CDC NO. MUM549212
Passport No. W1175213 Certificate of Competency, (if any) Grade N/A NO. N/A Indian
National Database of Seafarers (INDoS No) 24ZM4785 has successfully completed a training
course for Certificate of Proficiency in.

CERTIFICATE OF PROFICIENCY IN SHIP'S COOK

THIS COURSE IS AS PER REQUIREMENTS UNDER MLC 2006 REGULATION 3.2 - FOOD AND CATERING
TRAINING COURSE, WHICH COVERS PRACTICAL COOKERY, FOOD AND PERSONAL HYGIENE, FOOD
STORAGE, STOCK CONTROL, ENVIRONMENTAL PROTECTION CATERING HEALTH AND SAFETY

The Syllabus Covers:

- INTRODUCTION TO INDIAN CONTINENTAL/
FILIPINO/BAKERY CUISINES
- PRACTICAL INDIAN
/CONTINENTAL/FILIPINO/ BAKERY CUISINES
- INTRODUCTION TO FOOD SAFETY AND
HYGIENE
- FOOD SAFETY HAZARDS AND
CONTAMINATION
- FOOD PRESERVATION, STORAGE AND
TEMPERATURE CONTROL
- CULTURAL AND RELIGIOUS CATERING REQUIREMENT
- STOCK CONTROL
- PERSONAL HYGIENE
- IMPACT OF FOOD-BORNE ILLNESS
- UNDERSTANDING FOOD LAW
- GALLEY SAFETY
- MENU PREPARATION
- HEALTH FOODS AND SPECIAL DIETS

Held From 28/08/2026 To 01/09/2026



Signature of Candidate

Digitally signed by Arun Kumar Sinha
Date: 02.09.2026 12:58:01 +12:58

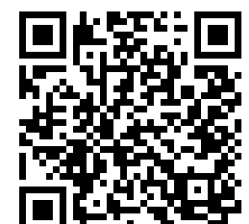
Training Co-ordinator



02/09/2026
Date of Issue

Digitally signed by Capt. Santosh Kumar
Date: 02.09.2026 12:58:01 +12:58

Principal



(This Certificate expires on : 01/09/2031)

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